



TRUMAN MEDICAL CENTER

Behavioral Health Network

Adult Psychotherapy Department

520 Garfield
Kansas City, MO 64124

816-404-6345

Fax: 816-404-6347

Psychotherapy services at Don Bosco Counseling Center provide ethical, culturally sensitive, high quality outpatient therapy by appointment for people of all ages. Our staff is multidisciplinary, and ethnically diverse. Some staff members are bilingual. Our full time staff members are all licensed and experienced in working with people with a wide range of emotional disorders. Services are provided regardless of ability to pay.

Through links with the Truman Medical Center Behavioral Health clients who are seriously mentally ill may also be eligible for assistance including psychiatric medication, community support, vocational services, rehabilitation, assistance in finding housing, chemical dependency counseling and relapse prevention services through Truman Medical Center Behavioral Health at other nearby locations.

Crisis services are available through the psychiatric hotline (888) 279-8188 (TDD 1-800-955-8330 for deaf or hard of hearing people.)

To arrange for a therapy appointment call (816) 404-6345.

When considering making a referral to Don Bosco Counseling Center please remember that people do better in therapy when they have the following characteristics:

- Currently clean and sober (Some people who are currently receiving treatment for drug and/or alcohol problems may benefit from therapy as an adjunct to the primary chemical dependency treatment.)
- Able to set reasonable personal goals in conjunction with the therapist
- Willing to attend scheduled therapy appointments regularly
- Able to tolerate the emotional stress of being in therapy and talking about painful personal issues
- Able to provide for self (or reliably achieves with help) adequate food, shelter, clothing and medical care
- Intellectually able to benefit from therapy
- Sufficiently emotionally stable that the person is not imminently dangerous to self and/or others.